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# Shelly Marshall

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## SUMMARY

As an Adolescent Addiction Recovery Specialist, my most significant contributions in the mental health field have come from my career as an author and published researcher. In addition to the columns that run in recovery periodicals across the country and Internet, my self-help books have sold over two million. I am particularly proud of the ground breaking research I have accomplished in adolescent recovery and most recently the development of web-based self help programs and information.

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## CAREER HISTORY

**2004-Present** Personal Recovery Assistant for *Hired Power*. Huntington Beach, California.

**2001- to Present** Book Reviewer: MentalHealth.net

**2000-to 2004** Webmaster and hosting for drug prevention, 12-step programs, and latch-key kids web sites.

**1998-to Present** Grant writer in prevention of substance abuse for at-risk youth. Implemented five programs for counties in Virginia with self created Internet-based prevention programs

**1991-to Present** *Representative NAN Foundation (Russian Charity)*,

I have worked with NAN (No to Alcohol & Narcotics), as a consultant, trainer, program developer, and their representative to the **United Nations**. I began the equivalent of the first Drug and Alcohol Council in Moscow, I started an addiction information and resource clearinghouse, and developed the training program for Addiction Counselors at the Social Academy--producing the first government certified addiction counselors. Many of my graduates are currently working in privatized addiction treatment centers as well as for the city of Moscow.

**1977 to Present** *Educator & Keynote Speaker*

I teach addiction certification schools internationally, do seminars and workshops, and am billed as the keynote speaker at various conventions and other functions. I have appeared at The Betty Ford Center, Father Martin's Ashley, Old Dominican University, and the Moscow Institute among others.

**1980-1984** *Marine Deputy, Bonner County, Idaho*

I was the first female deputy put in the field in Bonner County.

**1975-1978** *Therapist, St Luke's Hospital, Denver, Colorado*

Organized one of the first young people's addiction recovery programs in the country.

**1974-1975** *Alcoholism Community Program Developer, Cortez, Colorado*

Developed a detox center for the Ute, Apache, and Navajo Indians in Cortez on a state grant.

**1970-1977** *Board of Directors & Co-founder, Hand of Hope, Denver*, Rehabilitative home for the addicted.

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## ACADEMIC BACKGROUND/CREDENTIALS

Certified Substance Abuse Counselor, Number 0710101734-Virginia.

Bachelor of Science, Human Services-Drugs/Alcohol--Metropolitan State College, Denver Colorado, 1978  
230 hours of Continuing Education

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## CIVIC, PUBLIC, & COMMUNITY ACTIVITIES

- Former Member Community Involvement Team, King William County, VA (2000-2004)
  - Former Board of Directors, Council on Youth, Charles City County, VA (1999-2004)
  - Member INCASE (addiction educators) 1999-Lifetime
  - Board Member of National Institute on Chemical Dependency, Arizona
  - Former Board of Directors, Serenity House, Newport News, VA Held office of Vice Chair (2000-2002)
  - NGO Representative to the United Nations for Russian Charity, NAN (1998-present)
  - Action Alliance Leader, Voice for the Children (1999-Lifetime)
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## ACCOLADES

Excellence in Writing Award from Rocky Mountain Writer's Guild (1977)

NWA book-length contest, sixth for TEENAGE ADDICTS CAN RECOVER (1991)

NWA Short Story contest, first place (1992) for 'Harvesting the New Man.'

NWA Short Story contest, placed, (2000) for 'Does God Wear Tennis Shoes?'

Patent Number 5,065,699 Pet Coach Cab Extender Cage

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## PUBLICATIONS

### Professional Papers

- 1993: Treatment Paternalism in Chemical Dependency Counselors. "International Journal of Addictions," 28(2), 91-106, 1993
- 1993: Homogeneous Versus Heterogeneous Age Group Treatment of Adolescent Substance Abusers " American Journal of Alcohol and Drug Abuse" 19(2),pp 199-207, 1993
- 1994: Characteristics of Abstinent Substance Abusers Who First Sought Treatment in Adolescence." Journal of Drug Education" Vol. 24(2) 151-162, 1994
- 1999: The Multigenerational Treatment Setting. "The Journal of Addictive Diseases" Vol. 18 (4) 1999
- 2001: Rapid Detox-Панесеа or Dangerous? "Ежемесячный Журналь, Нарконетъ Россия Без Наркотики" (Monthly Journal, Narkonet, Russia Without Narcotics) Vol 9-10 (12) 56-57 2001

### Self-Help Books

- DAY BY DAY (Hazelden Publications, MN 1974)
- YOUNG, SOBER & FREE (Hazelden Publications, MN 1979)  
Both books picked up by Harper & Row (San Francisco 1987)
- TEENAGE ADDICTS CAN RECOVER (Gylantic, Littleton, CO 1992)
- THE POWER OF TOUCH (Safo, Moscow, Russia 1993) In Russian. For teenage sexual issues.)
- HOUR TO HOUR (Twelve, Moscow, Russia 1994 in Russian/Pocket Books, New York 2001)
- YOUR DREAM OF RECOVERY (A.R.E., Virginia Beach, VA 1995)
- HOUR TO HOUR (Pocket Books, imprint of Simon & Schuster, New York, 2001)
- POCKET SPONSOR (Day By Day, VA, 2003)
- YOUNG, SOBER & FREE, second edition (Hazelden Publications, MN 2003)
- POCKET SPONSOR, (Day By Day, Recovery Resources, VA 1998, 2<sup>nd</sup> edition 2006)
- SOBER COACHING YOUR TOXIC TEEN (Day By Day, Recovery Resources, UT 2007)
- FACILITATOR GUIDE for Sober Coaching (Day By Day, Recovery Resources, UT 2008)
- WALK SOFTLY AND CARRY A BIG BOOK ((Day By Day, Recovery Resources, UT 2008)

### Children's

- "Things on Strings" *Children's Playmate* (New York, NY 1978)
- Does God Wear Tennis Shoes? National Writer's Association Short Story contest, placed (2000)
- ROOTY TOOT RAMBLER, Finds a Home Author and illustrator (Rhyming Picture book. Grant, Community Involvement Team, King & Queen County, VA 2003)

### Periodicals

- *Community Newspapers*: Capital Hill News (Denver, CO 1977-78); Priest River Times (Priest River, ID 1980-1985); Mukluk News (Tok, AL 1989-2008); Intrepid Reporter (Landers, CA 1993-95)
- *Magazines*: Western RV (Portland, OR); RV West (Seattle WA); Venture Inward (Virginia Beach, VA); Saturday Evening Post Children's (New York, NY); New Age Retailer (Bellingham, VA); Convergence (Concord, NH); The Friend (Salt Lake, UT)
- *Recovery Papers*: Spirit of the Times (Denver, CO); Challenges (Grand Rapids MI); Choices (Virginia Beach, VA); Steps (Sherman Oaks, CA) ; Positive Alternatives (Sandy, Utah); Phoenix (St. Paul, MN); We (Pittsburgh, PA); New Times (San Jose, CA); 12 Step Times (Spokane, WA) Living Large (Grand Rapids, MI); Road Song-The Journal of Clean & Sober Motorcycling (Santa Cruz, CA)
- *E-zines*: Friends of Bill W & Jimmy K; Empty Bottle; Opportunity of Adolescence; Hope & Healing Chronicles; Ask Shelly Advice Column; Sober Times; Promises; Self-Growth Web Site
- *Editor*: NAN Newsletter. Quarterly publication for the NAN Foundation out of Moscow Russia.

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## AGENT

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